

Army Benefits Center-Civilian (ABC-C)

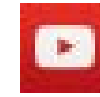
"Two Decades of Dedication"













New Employee Benefits Election Guide

NEW!

Check out the ABC-C on

Or at: <https://abc.chra.army.mil>



BENEFIT OPTIONS		ENROLLMENT To make an election or change, visit or call:	
 TSP	Thrift Savings Plan <i>(retirement savings and investment plan)</i> 	To begin, change or stop contributions: ABC-C https://abc.chra.army.mil 1-877-276-9287	To make investment allocations, access your account, view rates of return, etc: Thrift Savings Plan www.tsp.gov 1-TSP-YOU-FRST (1-877-968-3778) TDD: 1-877-847-4385
 Federal Employees Health Benefits Program	Federal Employees Health Benefits 	ABC-C https://abc.chra.army.mil 1-877-276-9287	
 Federal Employees' Group Life Insurance	Federal Employees' Group Life Insurance 	ABC-C https://abc.chra.army.mil 1-877-276-9287	
 FSAFEDS	Flexible Spending Accounts <i>(pre-tax accounts for out-of-pocket health & dependent care expenses)</i> 	FSAFEDS www.fsafeds.com or 1-877-FSAFEDS or (1-877-372-3337)	
 FEDVIP	Federal Employees Dental and Vision Insurance Program <i>(supplemental dental/vision insurance)</i> 	BENEFEDS www.BENEFEDS.com 1-877-888-FEDS or 1-877-888-3337 TTY 1-877-889-5680	
 FLTCIP	Federal Long Term Care Insurance Program <i>(for assisted living expenses)</i> 	FLTCIP www.ltcfeds.com 1-800-LTC-FEDS (1-800-582-3337) TTY: 1-800-843-3557	

NOTE: Enrollment changes generally require permissible events after the initial new hire enrollment period. For more information on benefits, also visit <http://www.opm.gov/insure>.

**Eligible individuals can apply at anytime subject to full underwriting.*